

PHHS Vikings Baseball
3rd Basemen Drill Checklist

	Drill	Completed	Performance
1	No glove middle (10)		
2	No glove left (10) (bucket)		
3	No glove right (10) (bucket)		
4	Paddle Middle (10)		
5	Paddle Left (10)(bucket)		
6	Paddle Right (10)(bucket)		
7	Glove middle (10)		
8	Glove left (10) (bucket)		
9	Glove right (10) (bucket)		
10	Short-hops no glove (10)		
11	Short-hops glove (10)		
12	Soft-hands drill (10) (inside or turf)		
13	Footwork read-react-receive		
14	Pop-up drill (3)		
15	Tags (5 each)		

Other things to go over:

16	Positioning (A, B, C, D)		
17	Positioning for hitters (game sit., pitch, count, etc.)		
18	Pop-fly communication/responsibilities		
19	Covering 3rd on steals		
20	Tag plays		
21	Picks (Joe move)		
22	Double play footwork and throws		
23	Footwork on force plays		
24	Rundowns (2b to 3b, 3b to home)		
25	Relays and cuts (when, where, why)		
26	Holding runners		
27	Bunt coverages		
28	Backing up pitcher/other inf./covering other bases		
29	Double steal defense		
30	Knowledge of interference/obstruction rules		
31	Knowledge of infield fly rule		
32	Infield chatter		

15 Minutes