

PHHS Vikings Baseball
Group Drill Checklist

	Players	Drill	Completed
Set 1	P, SS, 2b	Picks to 2nd	
	C, 1b, 3b	Catcher's throws to 3rd and 1st (one catcher acts as batter)	
	OF	Circle behind balls to left and right to set up and throw	
Set 2	C, 3b, 1b	Catcher and 3b bunt communication Throws to 1b yelling "inside!"	
	SS, 2b	Groundball communication on ball up the middle/feeds and turns	
	OF	Going back on fly balls	
	P	Work on walk-away defense (step back, check 3rd, pivot to throw)	
Set 3	P, 1b, 2b, C	Groundball communication on ball to right side (catcher backs up 1st yelling "OVER, OVER, OVER!" to pitcher)	
	SS, 3b	Groundball communication in hole w/runner forced from second	
	OF	Charging ground balls	
Set 4	P, 3b, C	Bunt communication along 3rd base line	
	1b, 2b	Groundball communication on ball between them	
	OF	Line drive communication on ball in gap (CF always looks to catch ball low, LF and RF look to catch at high point)	
Set 5	3b, 1b	Topped balls	
	SS, 2B, C, P	Throws to 2nd and tags	
	OF	D-Back drills	
Set 6	P, 3b	Joe move	
	SS, 2b, 1b	Feeds and turns	
	OF, C	Coming in on fly balls/throws home	
Set 7	P, 1b, C	Picks/outside-throw behind	
	SS, 2b, 3b	fake to 1st, throw to 3rd	
	OF	Back up bases	
Set 8	SS, 3B	Run downs	
	2b, 1b	Run downs	
	P, C	Pitchouts	
	OF	Find the Ball Drill	

Even Sets or Odd Sets Each Day (Rotate)
5 Minutes each set